Forest Holme Hospice Charity needs to raise £850,000 during 2019 to fund:

- **A Bereavement Counsellor** to support individuals and families who are coming to terms with life without their loved ones.

- **A Counsellor** to support local people following their diagnosis of cancer.

- **A Staff Nurse** on the in-patient ward to manage pain and other symptoms associated with life limiting illnesses.

- **Additional Health Care Assistants** to help enhance the quality of care overnight on the in-patient ward.

- **A Receptionist/Ward Clerk** to greet visitors with a friendly smile and sensitively liaise with distressed patients and families.

- **A Specialist Development Nurse** to provide expert care to people with advanced disease wherever and whenever they need it.

- **A Complementary Therapist** to provide relaxing aromatherapy, reflexology and massage for those living with the uncomfortable physical and emotional side effects of treatment.

- **An Education Coordinator** to facilitate the training of staff across various care settings to ensure they can best support patients and their families towards the end of life.

- **A Therapies Technician** to help patients regain some independence by ensuring that they are stable of their feet and can complete daily tasks such as washing and dressing.

- **A Yoga Instructor** to provide relaxation and natural pain relief for people undergoing cancer treatment.

- **Bereavement support** via our 'Pop-In' group, Bereavement therapy group, literature and children's books.

- **A Palliative Care Conference** where leading experts will discuss the latest approaches to caring for the terminally ill.

- **Items for patients** such as daily newspapers, toiletries, Christmas gifts and Birthday presents.

- **Furniture, fittings and medical equipment** on the ward.

- **Ongoing costs** such as curtain cleaning, fish food and TV licences.

Your ongoing support will ensure that we are in a position to provide consistent and unconditional care not just now, but also in the future.

forest
holme
hospice

Registered Charity No: 1038021