



# A - Z of Fundraising Ideas



# Thank you for your support

Each year, Forest Holme cares for over 1500 people across East Dorset. Our teams offer care and support to patients and their families in a variety of settings; in their own home, nursing homes, care homes, in the hospital or in Forest Holme itself.

We rely on the support of amazing fundraisers just like you to allow us to continue providing excellent palliative and end of life care to patients and their families. If you're planning a fundraiser and you need some inspiration, then we have compiled a list of ideas of what you can do to support your local NHS Hospice.



*"Forest Home is a sanctuary, it is a place filled with love and kindness, with staff who care and support you and give you their time unconditionally." - Patient's family*

## **A** Afternoon Tea

Get the kettle on and invite your friends round for a cuppa and a cake or two. All in return for a donation of course!

## **A** Amazon Smile

Forest Holme could be receiving a donation every time you [shop on Amazon](#), at no cost to you.

## **B** Bake Sale

Show off your baking skills by holding a sale at work, at home or in your community.

## **B** Birthday

If you have a birthday coming up, you can celebrate your big day in a special way by [setting up a Facebook Fundraiser](#). It doesn't have to be instead of cake and cards – you can have those too!



## **B** Bike Ride

Get on your bike and [get sponsored](#) for your cycling challenge.

## **C** Celebration Tree

Commemorate the life of someone special by adding a tribute to our [celebration tree](#) in the hospice garden at Forest Holme.

## **C** Charity of the Year

Does your employer or local group choose an annual charity to support? If so, we'd love for you to nominate Forest Holme.

## **D** Danceathon

Challenge yourself to a Danceathon and ask for sponsorship. You can live stream your Danceathon on Facebook or Instagram so your friends and family can laugh at/enjoy your moves!



## **E** eBay

Have a clear-out and [sell your unwanted items online](#). You can ask for all or a percentage of what you make to be donated to Forest Holme.

## **F** Football

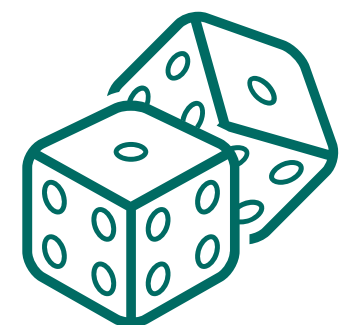
Organise a 5-a-side tournament or a penalty shoot-out. Run it as a competition and ask for a donation for taking part.

## **F** Facebook

Share a post on Facebook about what Forest Holme means to you and [add a donate button](#) to encourage donations from friends and family. All the donations come straight to us, easy as that!

## **G** Games Night

Set up a games console night with your friends and family, or go retro with games like Twister, Trivial Pursuit or Monopoly.



## **G** Gift Aid

We can claim an additional 25% on any donations you have made to Forest Holme at no additional cost to you. Complete an updated Gift Aid declaration form.

## **G** Give it up!

Could you give up something you love to fundraise for your local hospice? [Get sponsored](#) for giving up chocolate for a week, meat for a month or alcohol for a year!

## **G** Get Fit For Forest Holme

Run, walk, skip, hop, cycle, swim, roll or flip, just [get physical](#) and get those endorphins pumping to support Forest Holme.



## **H** Hair

Get sponsored for your new look. You could shave your head, dye your hair a crazy colour or grow a beard.

## **I** In Lieu Donations

[Make a donation](#) to Forest Holme in lieu of sending Christmas cards, or gifts.

## **J** Jurassic Coast Challenge

The perfect challenge for keen walkers or runners. You can walk, jog or run this 25km, 50km or 100km course along the stunning [Jurassic Coast](#).



## **K** Knitting

Use your skills and sell what you make to raise funds for your local hospice. Sell to friends and family or reach a wider audience through [Facebook Marketplace](#).

## **L** Legacy

Have you thought about leaving a gift to Forest Holme in your Will? Find out more [here](#).

## **M** Marathon

A marathon doesn't have to mean running! You could run 26.2 miles or take on another activity that you enjoy for 26.2 hours.



## **M** Matched Giving

Have you asked your employer if they will match what you raise for charity?

## **M** Nominate

Remember the Ice Bucket Challenge or the No Makeup Selfie? You could be the one to kick off the next big viral nomination challenge.

## **O** Office Raffle

Organise a raffle at work. Get in touch as we may even be able to help with a great raffle prize.

## **P** Payroll Giving

Talk to your employer about Payroll Giving. It's an easy way to make a regular gift to Forest Holme.

## Q Quiz Night

Ask for a donation to enter, find a venue or host online via Zoom. There are lots of ready made quizzes online and you can boost what you raise by having a raffle on the night.



## R Running

5k, 10K, Half Marathon or Marathon. Whatever your distance you can [get sponsored](#) for your running challenge.

## S Sweepstake

Organise a sweepstake with friends, family and colleagues. You could choose a sporting event like the World Cup or Wimbledon or a TV show like Strictly Come Dancing or Eurovision. People pay to play and whoever picks the winner, wins a prize and you donate the money raised.

## S Skydive

Are you brave enough? Experience the ultimate adrenaline rush as you free-fall at over 150mph.

## T Tuck shop

At work, school or college - you could set up a tuck shop to keep everyone happy with sweet treats whilst raising money for your local hospice.

## U Unwanted gifts

Donate your unwanted gifts to Forest Holme - we will find a good home for them.



## V Volunteer

We rely on our amazing volunteers to help us with events and fundraising activities throughout the year. [Join us!](#)

## W Wing Walk

Experience this exhilarating adrenaline rush as you stand on the wings of the aircraft flying at 130 miles per hour.

## X X-Box marathon

If you love your Xbox, you could organise a game-a-thon with your friends and live stream on Twitch, asking people to donate throughout the event to raise funds for Forest Holme.

## Y Yes Day

Take on a 'Yes day' challenge where fundraisers have to say 'yes' to everything in exchange for donations. Imagine the possibilities.

## Z Zero Waste Challenge

Fundraising for us and doing your bit for the environment, it's a win-win! Can you go a whole month without producing any waste? [Set up a Just Giving page](#) and use video and photos to share regular updates.



Whatever you decide to do to fundraise for your local NHS hospice, we are here to support you all the way.

If you would like any advice or support with your fundraising or any fundraising materials, please get in touch with the team - we'd love to hear from you.

Email: [fundraising@foresthalmehospice.org.uk](mailto:fundraising@foresthalmehospice.org.uk)

Tel: 01202 670644

Website: [www.foresthalmehospice.org.uk](http://www.foresthalmehospice.org.uk)

You can share your fundraising with us on [Facebook](#), [Twitter](#) and [Instagram](#).