



forest
holme
hospice

Charity Number 1038021

OUR IMPACT



EACH YEAR, WE
SUPPORT OVER
1,500 FAMILIES
FACING
HEARTBREAK





**WE SERVE A POPULATION
OF 235,000 PEOPLE**



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IN-PATIENT WARD

EVERY YEAR AROUND
500 PEOPLE
RECEIVE DEDICATED,
COMPASSIONATE
CARE ON OUR
IN-PATIENT WARD.



*"I am feeling
relaxed and staff
are responsive.
I feel safe."*

*Patient on the ward
at Forest Holme*



1,764 TUBS
OF DONATED PURBECK
ICE CREAM ARE EATEN
AT THE HOSPICE EACH
YEAR.



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A WEDDING HELD AT THE HOSPICE RECEIVED OVER 85 GENEROUS OFFERS OF SUPPORT FROM THE LOCAL COMMUNITY, INCLUDING CATERING, FLOWERS, DECORATIONS, AND HAIR AND MAKEUP SERVICES.



"Better than very good, it couldn't be better. I have encountered nothing but pure human kindness".

Patient on the ward at Forest Holme



10.8 DAYS:
THE AVERAGE LENGTH OF STAY FOR A PATIENT IN OUR IN-PATIENT UNIT.



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COMMUNITY

ON AVERAGE, THERE ARE 650 REFERRALS TO THE COMMUNITY PALLIATIVE CARE TEAM AT FOREST HOLME HOSPICE EACH YEAR.



ON AVERAGE

1,760

FACE-TO-FACE VISITS WITH PATIENTS EACH YEAR.

MORE THAN

18,798

NON FACE-TO-FACE CONTACTS WITH PATIENTS EACH YEAR.



"Palliative nurses have been absolutely brilliant."
Patient feedback

ON AVERAGE

COMMUNITY PATIENTS SUPPORTED EACH YEAR:

CANCER

80%

NON-CANCER

20%



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THE COMMUNITY PALLIATIVE CARE TEAM HELP OTHER TEAMS TO GIVE GOOD CARE. EDUCATION IS AN IMPORTANT PART OF THE ROLE.



20% OF NON-CANCER PATIENTS HAVE LIFE-LIMITING CONDITIONS INCLUDING:

- COPD or pulmonary fibrosis
- Heart failure, Kidney failure, Liver disease
- Neurological conditions such as MND, MS, Huntington's disease
- Dementia

MORE THAN

6,140

CONTACTS VIA THEIR 24HR TELEPHONE LINE EACH YEAR.



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HOSPITAL

THE HOSPITAL PALLIATIVE CARE TEAM ARRANGED FOR THE TRANSFER OF 103 PATIENTS FROM POOLE HOSPITAL TO THE HOSPICE OVER THE LAST YEAR.



Each year around 1,200 people die at Poole Hospital. The Hospital Palliative Care Team directly supports around 700 of these patients and their families.



THE TEAM PROVIDES SPECIALIST SUPPORT TO THE INTENSIVE CARE UNIT IN CARING FOR CRITICALLY UNWELL PATIENTS.



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MOTOR NEURONE DISEASE

BETWEEN 25 - 30 PEOPLE LIVING
LOCALLY WITH MND ARE
CURRENTLY UNDER THE CARE OF
OUR MND ADVANCED
HEALTHCARE PRACTITIONER.



OUR CHARITY PROVIDED
FUNDING TO ADAPT A
GARDEN FOR AN MND
PATIENT UNDER THE CARE
OF FOREST HOLME.

LIFE AND LOSS PODCAST

OUR 'LIFE
AND LOSS'
PODCAST
HAS BEEN
VIEWED
OVER
182,000
TIMES ON
YOUTUBE

**LIVING WITH
AN
INCURABLE
ILLNESS**

LIFE & LOSS
PODCAST



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COMPLEMENTARY THERAPY

927 COMPLEMENTARY THERAPY SESSIONS ARE PROVIDED EACH YEAR FOR PATIENTS UNDERGOING CANCER TREATMENT OR LIVING WITH A LIFE-LIMITING ILLNESS.



“That session was wonderful, I feel you have put all the mixed up pieces of the jigsaw back into the right place.”

- LAST YEAR, THE TEAM MADE;
- 90 COOLING SPRAYS
- 126 INHALERS
- 36 NEUROPATHY PACKS
- 48 AROMATHERAPY BLENDS



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COUNSELLING AND PSYCHOLOGY

THERE ARE 500 REFERRALS TO THE COUNSELLING SERVICE PER YEAR.

THE TEAM PROVIDE OVER 1,500 COUNSELLING OR PSYCHOLOGICAL THERAPY SESSIONS ANNUALLY.



THE CHARITY FUNDS

5

COUNSELLORS

"It's a lifeline to help people through such a vulnerable and life changing period in their lives."

100% OF SERVICE USERS STATED THAT THEY WOULD RECOMMEND THE SERVICE TO FAMILY OR FRIENDS.



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BEREAVEMENT SUPPORT

AROUND 65 PEOPLE BENEFIT FROM LIVING WITH LOSS SESSIONS EACH YEAR.

12 THERAPUTIC BEREAVEMENT GROUP SESSIONS TAKE PLACE EACH YEAR.



AN AVERAGE OF 60 PEOPLE VISIT OUR BEREAVEMENT CAFE EACH MONTH.

OUR 'BEREAVEMENT BEFRIENDERS' SERVICE WAS SET UP IN 2023 AND IS AVAILABLE TO THOSE WHO HAVE LOST A LOVED ONE WHO HAS BEEN UNDER THE CARE OF FOREST HOLME HOSPICE.



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HOSPICE AT HOME

THE HOSPICE AT HOME TEAM PROVIDES HANDS-ON CLINICAL CARE 24 HOURS A DAY, 365 DAYS A YEAR ACROSS CHRISTCHURCH, BOURNEMOUTH, POOLE AND THE SURROUNDING AREAS.



HOSPICE AT HOME MAKES APPROXIMATELY 2,700 PATIENT VISITS PER YEAR.

HOSPICE AT HOME

Exceptional care, in the comfort of home



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FOREST HOLME HOSPICE CHARITY HAS COMMITTED TO PROVIDING £800,000 IN FUNDING OVER A TWO-YEAR PERIOD.



Taking Care of Tomorrow, Today.



USE OUR FREE WILL-WRITING SERVICE

Online, phone call or in person, at no cost to you.

Planning for the future is one of the most meaningful steps you can take to give peace of mind, to yourself and those you care about.

Making a Will ensures your wishes are clearly set out, how your assets are shared and legally recognised, helping to protect the people and causes that matter most to you.

A Will allows you to decide how your assets are shared and who is looked after, in line with your wishes.

Forest Holme Hospice Charity has proudly partnered with the UK's number 1 online Will-writing service and a local law firm to offer a Free Will Writing Service, giving you the opportunity to create or update your standard Will at no cost.

There's no obligation to leave a gift to Forest Holme, but any legacy, big or small, can make a lasting difference to those who need our care.

www.foresholmehospice.org.uk/free-will-writing-service/



GIFT IN WILLS

"I decided that I wanted to leave a legacy of 10% to Forest Holme in my will as a final thank you to their amazing work.

My parents both passed away in the hospice and I will never be able to repay how beautifully they were cared for."

Tiff Watson

When making or updating your Will, we kindly ask you to consider leaving just a 1% gift to Forest Holme Hospice Charity.

Your gift helps us continue providing specialist palliative and end-of-life care at Forest Holme Hospice and in patients' homes, including pain management, emotional support, and therapies that improve quality of life. It also ensures families can access counselling and bereavement support when they need it most.



Leave a Gift in your Will at

www.forestholmehospice.org.uk/free-will-writing-service/





OUR STRICTLY
EXTRAVAGANZA
BECAME OUR
BIGGEST
FUNDRAISER EVER,
RAISING OVER
£80,000!



FUNDRAISERS
WALKED OR RAN A
COMBINED TOTAL
OF 1,247 MILES IN
MEMORY OF A
LOVED ONE.



WE NEED TO
RAISE OVER
£19,000
EVERY WEEK.



103 COMMUNITY
FUNDRAISING
EVENTS TOOK
PLACE IN 2025,
SUPPORTED BY OUR
CHARITY TEAM.



WE HAVE OVER
75 WONDERFUL
VOLUNTEERS
THAT HELP
IN A VARIETY
OF ROLES.



Forest Holme Hospice Charity (registered charity number 1038021) is proud to support the life-enhancing work of Forest Holme Hospice, part of University Hospitals Dorset NHS Foundation Trust.

www.forestholmhospice.org.uk

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