



forest
holme
hospice

Charity Number 1038021



Fundraising Pack



forestholmehospice.org.uk



01202 670644



fundraising@forestholmehospice.org.uk



Thank you for your support

Thank you for your generous support and for choosing to fundraise for Forest Holme Hospice Charity.

Each year, our charity needs to raise more than £1 million to help fund essential palliative and end-of-life services. With your help, we can continue to provide that compassionate care to those who need it most.

Your dedication and kindness are truly appreciated and will make a real difference to patients and their families in our local community.



Setting up your page

- 1** Go to **foresthalmehospice.enthuse.com/profile** and click either 'Create a team' (Shared) or 'Fundraise for us' (Individual).
- 2** Log in to your account or create an account if you don't have one.
- 3** You can then personalise and add your own messaging with details of your event or fundraiser.
- 4** Your fundraising page is now live and ready to be shared with friends and family. We will be notified that it has been set up.

Paying in your fundraising

- 1** Visit our charity office, based upstairs at Forest Holme Hospice, to say hello and deliver your cash or cheque.
- 2** Phone our charity office on **01202 670644** and pay over the phone.
- 3** Make a direct bank transfer to:
Forest Holme Hospice Charity
23-05-80
47535530
- 4** Post us a cheque to:
Please make cheques payable to 'Forest Holme Hospice Charity'
Forest Holme Hospice Charity, 5 Seldown Road, Poole, BH15 1TS



WHAT WE FUND

HOSPICE AT HOME

We fund Hospice at Home care in Poole and surrounding areas to deliver personalised high quality end-of-life care for those who wish to spend their last days of life at home. This service supports not only patients, but families and those important to them.



Even though you might not need us today, your support will enable us to be there if you, or a loved one, ever need us in the future.

COMMUNITY PALLIATIVE CARE NURSES

We fund nurses in the Community Palliative Care team who provide care and support to patients with serious, life-limiting illnesses in their own homes.



COMPLEMENTARY THERAPY

We provide funding for complementary therapy treatments, including Reiki, Aromatherapy, Reflexology, and Emotional Freedom Techniques (EFT), specifically for cancer patients and individuals unable to verbalise their grief due to physical tension.



MOTOR NEURONE DISEASE CO-ORDINATOR

We part fund a MND Co-ordinator to support people with MND and their families from diagnosis onwards.



PODCAST SERIES

Helping those navigating grief and living with life-limiting illnesses.



HOSPITAL PALLIATIVE CARE

We part fund a Hospital Palliative Care Nurse Specialist.



COUNSELLING AND BEREAVEMENT SUPPORT

We fund counsellors plus additional bereavement support through books, literature and various groups including Living with Loss, Therapeutic Bereavement Group and two Bereavement Cafés.



IN-PATIENT WARD

We fund a Physiotherapist and a Therapies Technician.



STAFF WELFARE

We fund training and development, clinical supervision, wellbeing support and staff treats.



SUSTAINABILITY

We fund initiatives to help make the hospice more sustainable.



PATIENT WELFARE

We fund bespoke patient requests plus a ward drinks trolley, toiletries, weddings and special occasions.



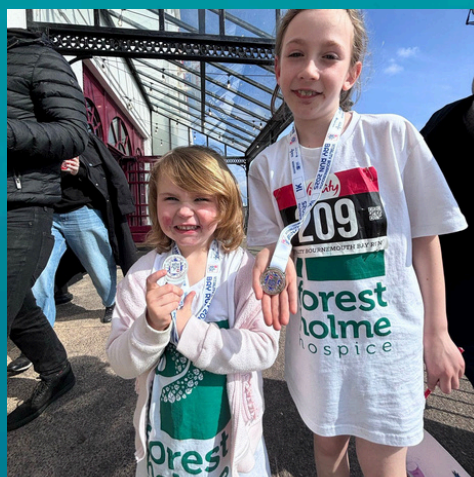
FIXTURES & FITTINGS

We fund equipment, tv licences, furniture, refurbishments, maintenance and window cleaning.



Upcoming Challenges

VARIOUS DATES	ULTRA CHALLENGE SERIES 20 events to choose from across the UK, with distances from 10km-100km.	
JAN	COUCH TO 5K	
MAR	VITALITY BAY RUN	
APR	SUNSET WALK	
JUN	POOLE PARK DRAGON BOAT FESTIVAL	
OCT	RUN BOURNEMOUTH	
DEC	THE MERRY MILE	
	EVENTS SUBJECT TO CHANGE Please visit our website for more details!	



For more details on our events and how to book, please head to the Forest Holme Hospice website or call our Charity Office on 01202 670644.

The legal bits

We of course want your fundraising to be as fun and successful as possible but it's important to make sure that your fundraising is safe and legal as well. Here are a few things you need to know before and during your fundraising.

If you have any questions at all or would like any support with anything you can always contact the fundraising team, we are here to help.

Your responsibilities

In law, you will be a trustee of funds raised and must ensure that all donations and sponsorship money from your event is paid to Forest Holme Hospice Charity. You must inform potential donors if any of the funds you raise will not be paid to the charity.

Please understand that if you do something that threatens or damages the name or reputation of Forest Holme Hospice Charity we may ask you to stop fundraising.

Permissions and licences

Being out in public raising money and awareness is a great way to spread the word about Forest Holme Hospice Charity, but if you're holding an event in a public place, you must get permission first, either from the local authority or the property owner. If you plan to hold a raffle, lottery or auction, provide alcohol at an event or collect money publicly as part of your fundraising, then you should contact your local authority to check if you need a license.

Children and young people

If you are involving children or young people in your fundraising, you should be aware that there are some activities which children and young people cannot carry out. Anyone under 16 must get permission from a parent or guardian before fundraising. No one under the age of 16 can take part in door-to-door collections and you need permission from parents to take photographs of anyone under the age of 18.

Insurance

Events involving members of the public may need public liability insurance, which you can take out for one-off events. If you're hiring a venue then check whether they already have this. Events carried out in aid of Forest Holme Hospice Charity will not be covered by our insurance.

Food and drink

If you are organising an event that will be offering food and drink, to keep everyone safe, check the Food Standards Agency guidelines for advice on preparing, handling, cooking and storing food.

Publicity materials

If you create your own materials to promote your fundraising, you need to say it is being held 'in aid of Forest Holme Hospice Charity.' Please contact us if you wish to use our logo on your own materials.

First aid

If you're holding an event involving many people, make sure that you have appropriate first aid support in place. You can get advice from St John Ambulance or the British Red Cross.

Handling money

Here are some tips for handling the money that you raise for Forest Holme:

When collecting or taking payments, make sure that the cash is secure by using a cash box with a lock or a sealed collection bucket.

Wherever possible, have two people available to count or transport cash.

Get it to the bank or to the Forest Holme Hospice Charity office as soon as possible after the event.

Any donations that you receive by cheque should be made payable to 'Forest Holme Hospice Charity' and not to you personally.



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Contact Us



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