



forest
holme
hospice

Charity Number 1038021



Fundraising Pack



foresthalmehospice.org.uk



01202 670644



fundraising@foresthalmehospice.org.uk



Thank you for your support

Thank you for your generous support and for choosing to fundraise for Forest Holme Hospice Charity.

Each year, our charity needs to raise more than £1 million to help fund essential palliative and end-of-life services. With your help, we can continue to provide that compassionate care to those who need it most.

Your dedication and kindness are truly appreciated and will make a real difference to patients and their families in our local community.



How you can support us

The nature of our work means that we're highly likely to have helped some of your family, friends, colleagues or employees, directly or indirectly. Local people really care about their hospice, and our business partners find engagement is high within their teams when they choose to support us.

There are lots of fun ways you can help support us and we can supply collection boxes, merchandise, leaflets and banners to assist your fundraising efforts!

Here are some ideas to put the fun in fundraising:

- **Individual or team challenges** - flick forward to see our current calendar of upcoming events!
- **Bake Off or Coffee Morning** – family/friends/colleagues
- **Sweepstake** - pay to play and donate the money raised
- **Car Boot Sale** - find a new home for your old things
- **Garden Party** - the more games the better!
- **Birthday fundraiser** - swap your gifts for a donation

♥ **Match Funding** – don't forget to ask your employer if they have a scheme in place to match the total donations!

♥ As well as supporting us with monetary donations, we always appreciate donations of products and free services as these ensure that more funds can be allocated directly towards patient care.

♥ Sponsorship is also a great way to show your commitment to our cause, as well as help your company to raise brand awareness across our community. Get in touch with us to find out the latest sponsorship opportunities!

Setting up your page

- 1** Go to **foresthalmehospice.enthuse.com/profile** and click either 'Create a team' (Shared) or 'Fundraise for us' (Individual).
- 2** Log in to your account or create an account if you don't have one.
- 3** You can then personalise and add your own messaging with details of your event or fundraiser.
- 4** Your fundraising page is now live and ready to be shared with friends and family. We will be notified that it has been set up.

Paying in your fundraising

- 1** Visit our charity office, based upstairs at Forest Holme Hospice, to say hello and deliver your cash or cheque.
- 2** Phone our charity office on **01202 670644** and pay over the phone.
- 3** Make a direct bank transfer to:
Forest Holme Hospice Charity
23-05-80
47535530
- 4** Post us a cheque to:
Please make cheques payable to 'Forest Holme Hospice Charity'
Forest Holme Hospice Charity, 5 Seldown Road, Poole, BH15 1TS



WHAT WE FUND

HOSPICE AT HOME

We fund Hospice at Home care in Poole and surrounding areas to deliver personalised high quality end-of-life care for those who wish to spend their last days of life at home. This service supports not only patients, but families and those important to them.



Even though you might not need us today, your support will enable us to be there if you, or a loved one, ever need us in the future.

COMMUNITY PALLIATIVE CARE NURSES

We fund nurses in the Community Palliative Care team who provide care and support to patients with serious, life-limiting illnesses in their own homes.



COMPLEMENTARY THERAPY

We provide funding for complementary therapy treatments, including Reiki, Aromatherapy, Reflexology, and Emotional Freedom Techniques (EFT), specifically for cancer patients and individuals unable to verbalise their grief due to physical tension.



MOTOR NEURONE DISEASE CO-ORDINATOR

We part fund a MND Co-ordinator to support people with MND and their families from diagnosis onwards.



COUNSELLING AND BEREAVEMENT SUPPORT

We fund counsellors plus additional bereavement support through books, literature and various groups including Living with Loss, Therapeutic Bereavement Group and two Bereavement Cafés.



PODCAST SERIES

Helping those navigating grief and living with life-limiting illnesses.



HOSPITAL PALLIATIVE CARE

We part fund a Hospital Palliative Care Nurse Specialist.



IN-PATIENT WARD

We fund a Physiotherapist and a Therapies Technician.



STAFF WELFARE

We fund training and development, clinical supervision, wellbeing support and staff treats.



SUSTAINABILITY

We fund initiatives to help make the hospice more sustainable.



PATIENT WELFARE

We fund bespoke patient requests plus a ward drinks trolley, toiletries, weddings and special occasions.



FIXTURES & FITTINGS

We fund equipment, tv licences, furniture, refurbishments, maintenance and window cleaning.



Upcoming Events

JAN	COUCH TO 5K STRICTLY EXTRAVAGANZA	
MAR	VITALITY BAY RUN BINGO NIGHT	
APR	SUNSET WALK	
MAY	QUIZ NIGHT	
JUN	TIE A YELLOW RIBBON POOLE PARK DRAGON BOAT FESTIVAL	
AUG	SUMMER BINGO	
OCT	RUN BOURNEMOUTH BINGO NIGHT	
DEC	THE MERRY MILE CHRISTMAS PARTY AT THE ITALIAN VILLA LIGHT UP A LIFE	



For more details on our events and how to book, please head to the Forest Holme Hospice website or call our Charity Office on 01202 670644.

Corporate story

We were extremely proud to be named Railston's Charity of the Year for 2025.

Forest Holme holds special meaning for Philip and his family, as his mother was cared for at our hospice. This connection inspired Railston to choose Forest Holme as their Charity of the Year, with Philip's father, Roger, kindly attending the presentation in her memory.

The Railston team raised an amazing £10,723.31 throughout the year, through skydives in Scotland, completing the Welsh 3 Peaks Challenge, holding bake sales and getting involved in Movember.

Corporate support is truly vital when it comes to us achieving our fundraising goals and every effort is so appreciated.



Community story

Every year, Adele, Rita, and their amazing family and friends, come together each year to complete Bella's Hike for Holme.

The group recently completed their 4th Hike for Holme - a stunning Purbeck coastal walk, in honour of Bella's life, raising money in their collection buckets along the way.

We really love to see family and friends coming together like this, creating such community spirit and honouring those who are sadly no longer with them.

What a wonderful thing to do and an incredibly generous way to give back to our hospice and ensure more families get the care and support that they need.



Why partner with us?

Whether you choose Forest Holme as your Charity of the Year, sponsor an event, take on a team challenge or support us in another way, we'll work with you to create a partnership that works for your business.

Engage and inspire your team

Supporting a local charity can be a fantastic way to bring colleagues together, boost morale and have some fun along the way.

Make a difference locally

It's a meaningful way to demonstrate your organisation's commitment to the community in which your employees, customers and their families live and work.

Strengthen your social impact

Our partnership can form an important part of your organisation's Corporate Social Responsibility (CSR) activity.

Bring your customers with you

Your support doesn't have to stop with your employees. Fundraising activities, events and campaigns can provide opportunities to involve customers, clients and suppliers too, helping you engage your wider network with a cause that has touched the lives of so many local families.

We love celebrating the businesses that support Forest Holme. Depending on your partnership, there may be opportunities to share your involvement through our website, social media, newsletters, events and PR activity, helping demonstrate your commitment to supporting your local community.

The legal bits

We of course want your fundraising to be as fun and successful as possible but it's important to make sure that your fundraising is safe and legal as well. Here are a few things you need to know before and during your fundraising.

If you have any questions at all or would like any support with anything you can always contact the fundraising team, we are here to help.

Your responsibilities

In law, you will be a trustee of funds raised and must ensure that all donations and sponsorship money from your event is paid to Forest Holme Hospice Charity. You must inform potential donors if any of the funds you raise will not be paid to the charity.

Please understand that if you do something that threatens or damages the name or reputation of Forest Holme Hospice Charity we may ask you to stop fundraising.

Permissions and licences

Being out in public raising money and awareness is a great way to spread the word about Forest Holme Hospice Charity, but if you're holding an event in a public place, you must get permission first, either from the local authority or the property owner. If you plan to hold a raffle, lottery or auction, provide alcohol at an event or collect money publicly as part of your fundraising then you should contact your local authority to check if you need a license.

Children and young people

If you are involving children or young people in your fundraising, you should be aware that there are some activities which children and young people cannot carry out. Anyone under 16 must get permission from a parent or guardian before fundraising. No one under the age of 16 can take part in door-to-door collections and you need permission from parents to take photographs of anyone under the age of 18.

Insurance

Events involving members of the public may need public liability insurance, which you can take out for one-off events. If you're hiring a venue then check whether they already have this. Events carried out in aid of Forest Holme Hospice Charity will not be covered by our insurance.

Food and drink

If you are organising an event that will be offering food and drink, to keep everyone safe, check the Food Standards Agency guidelines for advice on preparing, handling, cooking and storing food.

Publicity materials

If you create your own materials to promote your fundraising, you need to say it is being held 'in aid of Forest Holme Hospice Charity'. Please contact us if you wish to use our logo on your own materials.

First aid

If you're holding an event involving many people, make sure that you have appropriate first aid support in place. You can get advice from St John Ambulance or the British Red Cross.

Handling money

Here are some tips for handling the money that you raise for Forest Holme:

When collecting or taking payments, make sure that the cash is secure by using a cash box with a lock or a sealed collection bucket.

Wherever possible, have two people available to count or transport cash.

Get it to the bank or to the Forest Holme Hospice Charity office as soon as possible after the event.

Any donations that you receive by cheque should be made payable to 'Forest Holme Hospice Charity' and not to you personally.



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Contact Us



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